## KEYSTONE Keystone FOOD SERVICE Breakfast October 2025

Monday, 9 / 29	Tuesday, 9 / 30	Wednesday, 10 / 1	Thursday, 10 / 2	Friday, 10 / 3
Waffles & Syrup	Scrambled Eggs	Biscuit & Sausage Gravy	Kolache	Cinnamon Roll
or Cereal with Toast	Toast	or Cereal with Toast	or Cereal with Toast	or Cereal with Toast
Fruit	or Cereal with Toast	Fruit	Fruit	Fruit
Juice	Fruit	Juice	Juice	Juice
Milk	Juice	Milk	Milk	Milk
	Milk			WIIK
Monday, 10 / 6	Tuesday, 10 / 7	Wednesday, 10 / 8	Thursday, 10 / 9	Friday, 10 / 10
Yogurt	Breakfast Burrito	Biscuit & Sausage Gravy	Breakfast Calzone	Donut
Toast	or Cereal with Toast	or Cereal with Toast	or Cereal with Toast	or Cereal with Toast
or Cereal with Toast	Fruit	Fruit	Fruit	Fruit
Fruit	Juice	Juice	Juice	Juice
Juice	Milk	Milk	Milk	Milk
Milk				
Monday, 10 / 13	Tuesday, 10 / 14	Wednesday, 10 / 15	Thursday, 10 / 16	Friday, 10 / 17
Oatmeal	Pancake	No School	No School	No School
Cinnamon Toast	Sausage Patty			
or Cereal with Toast	or Cereal with Toast			
Fruit	Fruit			
Juice	Juice			
Milk	Milk			
Monday, 10 / 20	Tuesday, 10 / 21	Wednesday, 10 / 22	Thursday, 10 / 23	Friday, 10 / 24
Scrambled Eggs & 1/2 Croissant	Muffin	Biscuit & Sausage Gravy	Breakfast Burrito	Donut
or Cereal with Toast	Cheese Stick	or Cereal with Toast	or Cereal with Toast	or Cereal with Toast
Fruit	or Cereal with Toast	Fruit	Fruit	Fruit
Juice	Fruit	Juice	Juice	Juice
Milk	Juice	Milk	Milk	Milk
	Milk		<b></b>	
Monday, 10 / 27	Tuesday, 10 / 28	Wednesday, 10 / 29	Thursday, 10 / 30	Friday, 10 / 31
Waffles & Syrup	Scrambled Eggs	Biscuit & Sausage Gravy	Kolache	Cinnamon Roll
or Cereal with Toast	Toast	or Cereal with Toast	or Cereal with Toast	or Cereal with Toast
Fruit	or Cereal with Toast	Fruit	Fruit	Fruit
Juice	Fruit	Juice	Juice	Juice
Milk	Juice	Milk	Milk	Milk
I	Milk		I	<b></b>

<sup>\*</sup>THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER